

Classes starting now

Martial arts for beginners, intermediate, and advanced students

The [Mountain View School of Taekwondo](http://mvtkd.org) teaches the traditional Korean style of taekwondo, similar to Japanese karate.

We're a non-commercial school so a three-month session costs only \$40. No preregistration required - just come to the [Auxiliary Room](#) at the [Whisman Sports Center, 1500 Middlefield Road](#), on Tuesday and Thursday evenings at 7:00 PM.



Get a great workout, techniques for self-defense, and increased self-confidence! For more info:

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